

TREATMENT PHASE ABC CHARTS

with JOURNALS AND

SUMMARY TABLE

Directions: Complete a chart and journal for each day of the treatment phase. You will submit all 21 ABC charts and journal to your instructor to ensure that you completed them.

You will record whether or not you engaged in the target behavior or not. See Module 14 for information on what you should be recording.

Finally, complete the Treatment Phase Summary Table and submit also.

5 points

TREATMENT PHASE: Week 1, Day 1

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 1, Day 2

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 1, Day 3

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 1, Day 4

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 1, Day 5

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 1, Day 6

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 1, Day 7

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 2, Day 1

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 2, Day 2

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 2, Day 3

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 2, Day 4

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 2, Day 5

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 2, Day 6

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 2, Day 7

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 3, Day 1 (Fall and Spring)

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 3, Day 2 (Fall and Spring)

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 3, Day 3 (Fall and Spring)

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 3, Day 4 (Fall and Spring)

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents: (Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior: (Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences: (Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 3, Day 5 (Fall and Spring)

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 3, Day 6 (Fall and Spring)

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

TREATMENT PHASE: Week 3, Day 7 (Fall and Spring)

Date: _____

Time: _____ AM PM

Observer: _____

Location: _____

<p>Antecedents:</p> <p>(Describe any environmental or internal events that led to the occurrence or non-occurrence of the desired behavior)</p>	<p>Description:</p>
<p>Behavior:</p> <p>(Describe the behavior that was made and any relevant dimensions: frequency, duration, intensity)</p>	<p>Description:</p> <p>Behavior Count (see your goal) - _____</p>
<p>Consequences:</p> <p>(Describe the results of the behavior using terminology learned in this course such as PR, NR, PP, and NP)</p>	<p>Description:</p>

Journal Entry

Encountered Temptations –

Mistakes –

Strategies –

Rules –

Recording Method –

Other Issues -

Next page

Finally, please submit your Treatment Phase Summary Table indicating how much of your target behavior was made each day during the 21 (or 14 during the summer) days of treatment phase.

Treatment Phase Summary Table

Day	Week 1	Week 2	Week 3
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			
TOTALS			