NSCC Living on Campus Guide

NSCC STUDENT SERVICES

Nova Scotia Community College Nova Scotia



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About this Manual

HOW TO ACCESS AND USE THIS MANUAL

This manual is available in the following formats:

- Online web-book. You can read this manual online on a computer or mobile device.
- **PDF**. You can download in two different PDF formats.
 - Digital PDF optimized for digital use, reading on a computer or tablet.
 - Print PDF optimized for printing.
- **eBook**. Download the EPUB file.
 - Most tablets and eReaders (including iPad and Kobo) and smartphones (including iPhone and Android) can read eBook files in EPUB format.

IMAGE CREDITS

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Land Acknowledgement



Mika Francis, Social Services Student

NSCC acknowledges that we are in Mi'kma'ki the unceded and traditional territory of the Mi'kmaq Nation. Our relationship is based on a series of Peace and Friendship treaties between the Mi'kmaq Nation and the Crown, dating back to 1725. In Nova Scotia, we recognize that we are all treaty people.

Our Campus Housing facilities are located on these lands. NSCC Campus Housing and all our staff commit to promoting the truth of Indigenous Peoples and work towards reconciliation.

*Pjila'si is a Mi'kmaq word loosely translated meaning "Welcome: Come in and sit down ..." Mi'kmaq is a verb based language that does not translate directly into English.*¹

We Are All Treaty People By Nova Scotia Government via YouTube.

^{1.} *Pjila'si*. (n.d.). In Mi'gmaq - Mi'kmaq Online. CC BY-NC. https://www.mikmaqonline.org/servlet/words/ pjila%27si.html#:~:text=Translation%3A%20You%20are%20welcome,come%20in%20and%20sit%20down



One or more interactive elements has been excluded from this version of the text. You can view them online here: https://pressbooks.nscc.ca/ liviingoncampus/?p=27#oembed-1

DID YOU KNOW

If you are crossing into Cape Breton (Strait Area Campus Housing) on your travels a sign with "Pjila'si Unama'kik" was recently placed on the Canso Causeway. The name Canso came from the Mi'kmaq word kamsook which means "opposite the lofty cliff" cliff". Unama'kik is the Mi'kmaq word use d to refer to Cape Breton Island, and loosely translates to Land of Fog.²

We encourage all members of our community to learn more about the land we live, learn, work, and play on by exploring the following resources:

- Truth & Reconciliation Indigenous Resources A NSCC Subject Guide.
- Treaties Indigenous Resources A NSCC Subject Guide.
- Peace and Friendship Treaties
- · Our home on native land website
- MIKM Classes created by Cape Breton University, hosted on Vimeo.

^{2.} Nova Scotia Buzz. (2021). *New sign At Canso Causeway to welcome travelers in Mi'kmaq.* https://www.nsbuzz.ca/travel/new-signat-canso-causeway-to-welcome-travelers-in-mikmaq/amp/

Safe and Respectful Community

OUR COMMITMENT TO A SAFE AND RESPECTFUL COMMUNITY

Each member of the College community has a responsibility to foster a climate of understanding and mutual respect for the dignity and rights of each individual in all areas of the learning and working environment. This includes providing fair treatment, being inclusive and not bullying, harassing, or discriminating.

We all share the responsibility to treat each other, and those who interact with the College, with civility and respect. Every member of the College community has the responsibility to uphold our values and to understand the impact of their behavior. Members of the community are expected to collaboratively resolve concerns, maintain effective relationships, and contribute to a positive, inclusive community culture.

Community members must consider how social identity, culture, values, and beliefs impact perceptions of what is civil and respectful behaviour. Perceptions can also vary by place, time and context. While factors such as identity may influence perception of behaviour, we will consider the impact of the behavior and respond to concerns in an effective, inclusive and equitable way.

~ NSCC Respectful Community Policy¹

NSCC Campus Housing acknowledges that Anti Black and Anti Indigenous racism is deeply embedded in Canadian institutions and society and commits to action against Anti Black and Anti Indigenous Racism in our Campus Housing communities.

Student Accountability

Individuals found responsible for engaging in any **racist**, **discriminatory**, **violent** or **harassing behaviour** will be met with compassionate, yet firm consequences designed to protect the dignity and safety of all, which **may include immediate removal** from NSCC Campus Housing or academic properties.

^{1.} NSCC. (2020). Respectful community policy. https://www.nscc.ca/about/publications/policies-procedures/policies/respectfulcommunity-policy.asp

NSCC CAMPUS HOUSING: BUILDING RESPECTFUL COMMUNITIES

NSCC Campus Housing is a living and learning environment, one that encourages students to come together and explore opportunities for social diversity, community connections as well as educational and personal growth. Through these interactions, we hope to create a Campus Housing community that is inclusive and safe. We also want to foster an environment that makes room for students to gain an understanding of the principles of respect, civility and acceptance for not only different fields of study, but also for those cultural, political and social philosophies that make up our local and global community.

Building communities that are civil and respectful helps everyone and:

- Supports good mental wellness in the learning and working environment.
- Holds people responsible for their actions.
- Fosters an inclusive learning and working environment that embraces diversity.
- Improves relationships.
- Improves problem-solving and conflict resolution.
- Increases productivity and engagement.
- Reduces stress.

How do we create a culture of respect and civility? Every student can contribute by:

- Recognizing, valuing, and respecting the differences and similarity in others.
- Valuing the contributions of all members of the community
- Maintaining positive communication and collaboration (teamwork).
- Supporting a culture of fairness and equity
- · Listening to others
- Apologizing willingly and sincerely to a community member when something you have said or done has offended them or caused them harm.
- Ensuring ongoing communication, feedback, and workload planning.

Campus Housing is not for everyone. Community comes first. Much like the social solidarity that is a focal point of our culture in Nova Scotia, living in Campus Housing requires a commitment to living in a shared space.

If you are not prepared to live in a shared space, we encourage you to explore alternate housing options. Please refer to other housing supports found on the NSCC housing webpage.

LIVING ON CAMPUS

Key Dates, Deadlines, & Fees

The following dates and deadlines should be considered as you prepare to live in Campus Housing.

KEY DATES AND DEADLINES

Data	Deadline Fer
Date	Deadline For
February 1, 2022	Campus Housing Application opens
May 1, 2022	First round of Campus Housing space offers made; 3 weeks to pay \$500 Campus Housing deposit.
August 5, 2022	Fall Term Campus Housing Fees due
September 4, 2022	Fall Term Move in Day. ¹ Campus Housing opens at 12:00pm (noon)
September 5, 2022	Campus Housing Orientation
September 6, 2022	New Student Orientation Fall Term Begins
September 7, 2022	Classes Begin
November 1, 2022	Fall term Campus Housing withdrawal deadline ²
November 23, 2022	First Term Tuition and Fees Due for Winter Term Program Starts
December 15, 2022	Fall Term Ends
December 18, 2022	Campus Housing Closes for Winter Break ³
December 23, 2022 - January 2, 2023	Holiday Break (Begins Dec 23rd noon) - College closed/no classes. Approval needed to stay in Campus Housing.
January 2, 2022	Campus Housing Opens for Winter Term (12:00PM, noon)
January 3, 2022	College Opens
January 4, 2022	Winter Term Begins
January 5	Classes Begin
January 6, 2022	Second Term Tuition & Fees Payment Due - September Starts
March 1, 2022	Winter term Campus Housing withdrawal deadline ⁴
March 24, 2022	First Term Tuition and Fees Due - Summer Term Program Starts
April 19, 2022	Winter Term Ends
April 22, 2022	Campus Housing Closes for Winter Term - Academic Year Contracts End
April 24, 2022	Spring Term Begins ⁵
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- 1.
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- 3.
- 4.
- 5.

Students should always refer to the NSCC Academic calendar for important dates and deadlines.

CAMPUS HOUSING FEES

All Campus Housing rates and fees are payable through the campus Business Office and are determined based on fair market averages, as well as individual campus offerings and services. Current Campus Housing fees can be reviewed on our Housing Webpage.

The fees posted are for one Campus Housing space. The non-refundable Campus Housing deposit is \$500 and is payable within 3 weeks of your Campus Housing space offer. This fee will be attributed to your Fall term payment.

Withdrawals and Refunds

All Campus Housing deposits and application fees are **non-refundable** and **non-transferrable**.

CAMPUS HOUSING WITHDRAWAL PROCESS

All campus housing deposits, once paid, are non-refundable.

A student who is unable to continue living in campus housing due to medical reasons, and/or exceptional circumstances beyond their control, may submit a written application, along with any applicable supporting evidence including medical documentation, to NSCC Campus Housing to request a pro-rated credit of their fees. The application must be submitted within fourteen (14) days of the student's withdrawal from campus housing. Applications will be considered and determined by the College at its sole and absolute discretion.

A student who withdraws from campus housing without approval after the start of occupancy, regardless of the reason, will be held financially responsible for room and board fees as follows:

- The student will be required to pay a \$100.00 administrative services fee on withdrawal.
- The student will be required to pay all campus housing fees as outlined in their Campus Housing Assignment Form, prorated to the actual date of departure, plus an additional (4) four weeks of room fees from the actual date of departure.
- Students who withdraw from campus housing during Fall semester after November 1, 2022 or during Winter semester after March 1, 2023 will be responsible for payment of the entire room and board fees as quoted for the full semester.

MEDICAL/EXCEPTIONAL CIRCUMSTANCES PROCESS

A student who is unable to continue living in Campus Housing due to medical reasons, and/or exceptional circumstances beyond their control, may submit a written application, along with any applicable supporting evidence including medical documentation, to NSCC Campus Housing to request a pro-rated credit of their Campus Housing fees.

The application must be submitted within fourteen (14) days of the student's withdrawal from Campus Housing. Applications will be considered and determined by the College at its sole and absolute discretion.

Moving In & Out

For all students assigned to a space on campus, you will be emailed in the summer with further details regarding move-in day, directions, timing, and expectations.

Our goal is to provide a process that is efficient and welcoming. The Coordinator, Campus Housing and other campus staff may also host a parents/supporter's session on campus during move in day.

ROOM ASSESSMENT

When you move in (and when you move out), you will be asked to complete a Room Assessment form. This is an opportunity to verify the condition of your Campus Housing room, the furnishings present (and condition) at the time of move in to ensure that students are not held responsible for any issues or damages that existed upon arrival. This form must be submitted within the first week of occupancy or the conditions already on file will be taken as correct and accepted. Suites will have individual room (private room) assessment forms completed, with an additional shared common space form completed for the suite. When checking out of your space, you are required to:

- Remove your property as well as all garbage and recycling from your room.
- Turn in all keys that were assigned to you when you moved in. You will be billed if you fail to turn in your key(s) before leaving campus.
- Leave your room, housing fixtures, furnishings, and appliances clean and return furniture to its original position. You may be charged a cleaning fee if you fail to do so. Room damages will be assessed after you move out.

Should you wish to appeal any assessment relating to damage, please contact you Coordinator of Campus Housing OR email campushousing@nscc.ca.

- You will be held **financially accountable** for the **condition** of your **room and furnishings** based on inventories and assessment conducted after you move out should you fail to have one completed in person.
- Unless attributed to an individual, damage assigned to common spaces in a suite will be the responsibility of all members of the suite. Any property left in a Campus Housing location following closure may be assumed to be unwanted and disposed of accordingly. A restitution fee may be charged to the student

WHAT TO BRING, WHAT NOT TO BRING

Moving to Campus can be challenging but we've put together What to Bring/What not to Bring to help you in the transition. If you would like a printable checklist we have a NSCC Housing What to Bring checklist.

What to Bring

CLOTHING

Nova Scotia has a diverse spectrum of weather, it is important to plan for a variety of different seasons and temperatures when planning to come to Campus Housing.

For all weather including, rain, sun, **snow**, etc. This includes shoes, sleep wear, and any course specific uniforms/protective clothing. Clothing hangers are not provided by Campus Housing and recommended.

BEDDING

Sheets for a twin/double bed (check your room description for sizes). Blanket/Comforter, Pillows/Pillow Cases. Some individuals bring a mattress pad to add to their comfort sleeping in their assigned space.

PERSONAL CARE

Being hygienic is important for your personal well-being and community well-being in a shared living environment.

We recommend bringing the following: toothbrush, toothpaste, shampoo/conditioner, deodorant, other toiletries as desired, towels (multiple), wash cloths (multiple), bathrobe, shower slippers (i.e. flip flops), menstrual products, first aid kit, prescription medication, sexual health resources (i.e. condoms), hair dryer/curling iron. Toilet paper is not provided in suite style rooms, and would be the responsibility of the student.

LAUNDRY, COOKING AND CLEANING

Keeping the room and/or suite clean is the responsibility of the students in the assigned space.

To keep your space hygienic and tidy we recommend the following: laundry basket/bag, laundry detergent, dryer sheets, drying rack (suite style only), paper towels, garbage bags, disinfectant wipes, cutlery/utensils, plates, cups, bowls, other dishware as requested, dish soaps, dish cloths, broom/dustpan.

ROOM

Making your room/suite your own is an important part of your personal well-ness while living in Campus Housing.

To help make your space your own we recommend: desk lamp, waste basket, fan (great for white noise and airflow), adhesive hooks (3M Brand only), personal room décor, mini fridge, bulletin board/white board, storage bins, locks (laptop/bike, etc.).

SCHOOL SUPPLIES

Living on Campus is a part of your academic experience, to be a successful student we recommend the following: backpack, laptop/

tablet, notebook/paper, pens, pencils, highlighters, stapler, scissors, ruler, 3-hole punch, thumbtacks/pushpins (to be used on corkboards only), any other program specific materials or supplies for your academic success.

MISCELLANEOUS

Other items may be beneficial for your positive experience on campus including: photo ID, tenants insurance, snacks, drinks, water filter, earplugs, headphones, reusable waterbottle, reusable coffee thermos or mug.

PUBLIC HEALTH ADDITIONS

Non-medical face masks, alcohol based hand sanitizer.

What Not to Bring

- No non-CSA approved electrical appliances without automatic shut-off.
 - Only CSA approved electrical appliances with automatic shut off features are allowed in Campus Housing.
- No extension cords or multiple outlet receptors are approved.
 - Only CSA approved power bars/strips with automatic shut off features are allowed in the Campus Housing.
- No Open FLame or Smoke
 - Incense, candles or anything with a flame or that smokes.¹
- No possession and/or consumption of "common source" alcohol
 - Alcohol over 40 ounces (e.g. kegs, large containers of pre-mixed alcohol, etc.), within Campus Housing these are prohibited at all times.
- No possession and/or use of weapons
 - This includes firearms, ammunition, projectile-emitting objects, explosive devices, as well as other dangerous weapons, chemicals, replicas, including toys, or other objects that can create cause for alarm; these are all explicitly prohibited.
- No form of tape is not permitted to be used on walls or doors (any painted surface) in Campus Housing.
 - Please use removable 3M adhesive and/or "sticky-tak", please ensure with tabbed 3M the pull tab is pointed down and you remove it per directions to not damage the painted surface.
- No hotplates or any appliance with exposed heating elements,
 - The only exception is toasters in kitchen spaces.
- No subwoofers or large speakerS
- 1. Exceptions can be approved for smudging or ceremonial/religious purposes with approval from NSCC Campus Housing and Campus Facilities Services (minimum 48 hours needed for approval).

Note: Smoking, vaping, using hookahs, etc. are not permitted in any NSCC building, including Campus Housing. Anyone who smokes must do so in designated, outdoor, smoking areas.

Living With Room/Suite mates

You may be both excited, and nervous, to live in Campus Housing. It is likely the first time you are living in close proximity to a large number of people, many of whom are quite possibly strangers. Conflict and disagreements are natural and NSCC Campus Housing staff will be there to support you and your room/suite mates throughout the process.

Please keep in mind that all students are individuals, and many experiences, cultures, identities, and preferences influence us all.

ROOMMATE/SUITEMATE AGREEMENT

Roommate agreements Upon move in to shared accommodations, each student will be provided with a roommate agreement form. The CA will host a suite/floor meeting to review the agreement and will encourage room/ suitemates to fill out the form together. It is each student's' responsibility to identify differences in living preferences, make compromises and establish expectations.

The roommate agreement will generally cover such items as:

- Cleanliness of individual and common spaces and standards of cleanliness
- Noise (music level, sleeping hours, etc.)
- Guests (overnight or during quiet hours)
- Safety and security (i.e., allergies, medical conditions)
- Physical property
- Other information

The roommate agreement can be re-visited as needed during the year and is a resource that students and Campus Housing Staff can use for working through challenges.

REQUESTING A ROOM TRANSFER

Students are expected to occupy the room and bed space that has been assigned to them by NSCC Campus

Housing and are not approved to change without permission. This includes "agreeing to switch" with another student.

If you would like to request a room change you must contact your Coordinator, Campus Housing via email and provide additional information as required. In your email, you must include:

- The reason for your room transfers request, along with any additional information about your rooming situation.
- Whether or not a roommate agreement was completed.
- Indicate what steps you have taken to try to resolve any challenges.

The information that you submit **may be shared** with your Community Assistant (CA) and you **may be asked to meet** with the Coordinator, Campus Housing to discuss your request.

If your request falls within the parameters of the Housing/Room Assignment Consideration process, you must complete and submit the appropriate documentation

Please note:

- Campus Housing **room transfers will not** be considered during **the first two weeks** of every **academic term**, except for changes required for medical reasons.
- Requests that are based on approved Housing/Room Assignment Consideration form requests will receive priority in the room transfer process.
- Room transfers are based on the merit of the request and are not first come, first considered. Offers will be made to help resolve specific issues, not accommodate personal preferences.
- Room transfers depend on the availability of spaces/rooms and the College cannot guarantee that a request for a room change, although approved, can be met.
- Certain room changes may result in different Campus Housing fee charges and if accepted, the student is responsible for all charges associated with the new space.

Who is in Housing?

NSCC Campus Housing is committed to creating, to the best of our abilities, an environment that supports community connections, personal wellbeing, and academic success. Our staff consists of professional as well as student Campus Housing positions and together, they partner with campus and community colleagues to achieve our goals.

WHO IS IN CAMPUS HOUSING?

Coordinator, Campus Housing (CCH):

Every NSCC Campus Housing has a coordinator who is a full-time professional staff member, responsible for the day-to-day operation and administration of our Campus Housing program. They oversee our Community Assistants (CAs) and work with other members of the Student Services team on campus to support students and foster accountability to help build a positive and inclusive living and learning environment.

COGS

As a full-time professional staff member, Veronika is available during regular office hours. Veronika is available for scheduled or drop-in appointments during designated office hours

Email: veronika.deliyannakis@nscc.ca

Strait

As a full-time professional staff member, Jeremy is available during regular office hours. Jeremy is available for scheduled or drop-in appointments during designated office hours

Email: Jeremy Arseneau

Truro

As a full-time professional staff member, Patrick is available during regular office hours. Patrick is available for scheduled or drop-in appointments during designated office hours

Email: patrick.colley@nscc.ca



Likely to be one of the first people you meet on campus, CAs are NSCC students who are chosen leaders in Campus Housing. Students attending NSCC with previous Campus Housing staffing experience will be considered for leadership opportunities with NSCC Campus Housing and are encouraged to apply.



A CA in a NSCC Residence

are committed to *Enjoying A NSCC common area.*

and community in Campus Housing and on the campus and receive intensive training. They are there to aid in the security of the building, creating educational and social programming opportunities and supporting students in need. They typically have a responsibility of the general oversight of 1 – 2 floors or floor sections as required.

building a sense of belonging

CAs

CAs are a resource for students living in Campus Housing but are not professionals and have **limits to the support** they **can** and **are permitted** to provide.

Front Desk Staff

These student staff members provide general support for common processes such as guest welcome and sign in, delivery acceptance, as well as help students with day-to-day administrative tasks and general inquiries. Additionally, front desk staff may be hired to support the delivery of summer conference services.

Facilities Services



An integral part of the Campus Housing experience, we encourage you to take the time to get to know the facilities staff in your building. They are wonderful members of our NSCC and local communities and deserve respect and support. Reporting to Campus Facilities, these staff members coordinate and follow up on maintenance requests, track inventory, and respond to urgent Campus Housing facility needs. Additionally, they are responsible for general cleaning and maintenance of common spaces throughout our Campus Housing locations.

Security

A priority for NSCC is safety. In addition to cameras and Campus Housing staff, each campus has 24/7 security provision. Security staff are there to help keep our campus environment safe and support students in emergency situations. All Campus Housing facilities and broader campus buildings have video surveillance cameras in operation. No devices are located in common or private areas of Campus Housing but focus on access points and areas of concern.

Additionally, there will be a minimum of two points of restricted access before getting to your Campus Housing room. We encourage all students to pay attention to keeping the building as well as their room secure. Students are asked not to permit access to people whom they do not know.

All NSCC Campuses are also equipped with a Situational Awareness and Response Assistant (SARA). SARA is an automated emergency alert system used at all NSCC campuses. It provides emergency call tools for fire, lockdown, medical and security situations. For a complete overview of NSCC's emergency response system, watch the Emergency Notification System Orientation video

Educational Programming

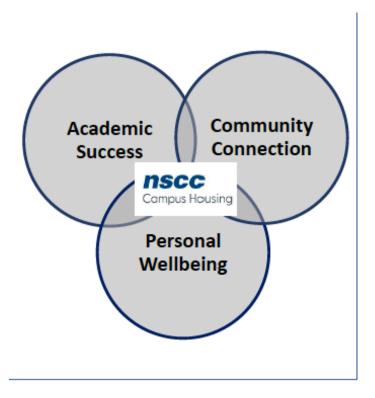
The goal of our Campus Housing Educational Program model is to provide intentional opportunities for you to interact with a variety of communities, services and people that will support your growth and success as a community, student and individuals. This will be different for everyone, and for every campus, but we know choosing to be an active and positive member of our Campus Housing communities will make a difference!

Some examples of activities and initiatives include:

Academic success programming – From study skills sessions with a peer assisted learning support (PALS) team member to career information workshops, we work with campus partners to deliver programming that supports your academic success.

Community Connection – From Campus Housing Welcome events, campus orientation activities to experiences in your local/regional community, we strive to make you feel at home and create opportunities to meet others and participate actively in your communities.

Personal well-being – From stress relief programs with puppies to intramurals/recreation opportunities, we know that students who take care of their mind, body and spirit are more successful.



Confidentiality & Limits of Support

CONFIDENTIALITY

NSCC manages the collection, use and disclosure of the personal information provided by its applicants and students. Access to student information is governed by the rules and regulations contained in the Confidentiality of Student Information Policy and by both the Freedom of Information and Protection of Privacy Act (FOIPOP) and the Personal Information Protection and Electronic Documents Act.

NSCC Campus Housing and its staff are restricted from providing any information regarding students to third parties (including parents and/or guardians). Information under Freedom of Information (FOIPOP) cannot be released without a student's written permission.

Written consent will normally be collected using NSCC's Consent to Release of Information form. FOIPOP applies to all students, regardless of their age status as a minor. What is considered private information under the Freedom of Information and Protection of Privacy Act (FOIPOP):

- Room numbers,
- Addresses,
- Phone numbers,
- Account balances,
- Student conduct history,
- Grades,
- Confirmation of occupancy,
- Etc.,

Under FOIPOP, it should be noted that in circumstances where NSCC Campus Housing staff have extraordinary concern(s) about a student's wellness and where the student is unable to make informed decisions and/or there is a legitimate concern about a student's safety or the safety of the broader community, NSCC can elect to contact a student's parents/guardians/emergency contact as provided on their Campus Housing application without their consent.

Decisions regarding when to initiate the use of an emergency contact will typically be done in consultation with the campus Manager, Student Services (MSS) and the campus Principal as appropriate.

LIMITS OF SUPPORT

Campus Housing is not a therapeutic environment. That is why, in limited cases where a student exhibits complex behavioural or personal needs that:

- Extend beyond the scope, services and/or expertise of what may be reasonably provided or accommodated by NSCC Campus Housing.
- Remain unchanged or the pattern of behaviour escalates in severity. And where the:
 - Student refuses to seek reasonable care or seek reasonable accommodations/solutions.
 - Student's behaviours negatively impact the wellbeing of Campus Housing staff, other students, or the Campus Housing community.
- Student's continued behaviour places the individual at risk. NSCC Campus Housing may take action that can include, but will not be limited to:
 - Relocation/reassignment of Campus Housing room/suite (if available).
 - Suspension from Campus Housing.
 - Termination of the Campus Housing Agreement.
 - Restriction of future application to Campus Housing, or implementation of conditional requirements.
 - Engaging in communications with Emergency Contacts as provided on the Campus Housing Application.

Laundry

Laundry facilities are provided in every NSCC Campus Housing location. The facilities are only available for use by students and require proper use and maintenance. Please report any concerns or issues immediately to your CA or front desk. We also ask that all students stay with their laundry as common courtesy for the efficient use and demand of the facilities. This is also important as NSCC is not responsible for any stolen, damaged or lost items.



Laundry by Campus

AVC COGS Campus:

Laundry facilities are located on both floors of COGS Campus Housing and the use of the facilities have been built directly into Campus Housing fees.

Strait Area Campus:

Laundry facilities are located on the 3rd floor of Campus Housing and the use of the laundry machines (washers and dryers) are built directly into Campus Housing fees.

Truro Campus:

Laundry facilities in Davis Hall are located on every floor (except the 1st floor). The laundry room has restricted access and hours of operation, the use of the laundry machines (washers and dryers) are built directly into Campus Housing fees.

Common Areas



All students will have access to both common lounges and/or kitchens in their Campus Housing building or in adjacent academic buildings. Students are asked to be respectful in their use of the lounges.

While common lounges often come equipped with cozy and functional furniture in addition to TVs and cable access, NSCC will often designate common spaces for specific purposes such as study rooms.

Each kitchen contains a cooktop, microwave, refrigerator, sink, cupboards, and counter space. Students can use kitchen facilities at their leisure (within posted hours) as long as responsible use is demonstrated.

When using a common space students are responsible to:

- Ensure the space is left clean and tidy and they remove all personal belongings, garbage, and recyclables.
- Refrain from using or removing other students' belongings (including food, utensils, etc.) without permission.
- Adhere to all quiet hours and community standards.
- Promote the fair and equitable access to common space for all students.

Access to common space is a **privilege** and can be **removed**.

Internet Access and Usage

All NSCC students are provided free highspeed wireless internet access through their student account. Built into Campus Housing fees, all activity through the network is governed by the Technology Resources – Acceptable Use Policy.

Our internet services on campus are Wifi Only and provided by Eastlink. For any support needed you can contact Eastlink through the provided technical Support options:

- Email: oncampus@corp.eastlink.ca
- Phone: 902-377-4325 (Halifax) or 902-843-4325 (Truro)
- Live Chat: eastlink.ca/oncampus

NETWORKS AVAILABLE ON CAMPUS:

- The "Housing" wireless broadcast is an encrypted and secure connection using your NSCC credentials. Usable by most computers, tablets, and smartphones. This is the primary WiFi network to connect to.
 - Log on using your NSCC credentials: W#@campus.nscc.ca and Password
- The "Gaming" network is reserved for devices needing just a passcode to connect (as they are unable to connect to Housing). Devices must first be registered online with Eastlink. This network is for gaming consoles, streaming sticks, smartTVs
 - Go online and complete the Eastlink on Campus form.
 - Eastlink will contact you when your device can connect to the Gaming WiFi network.
 - Then enter the passcode eastlink@summer2022 when prompted.
- The "Guest" network is reserved for individuals and groups accessing our facilities for short stays. Uses a passcode provided by Campus Housing staff.
 - Campus Housing Staff will provide you with a temporary passcode to connect with.

NSCC >>>> Housing WiFi

Housing

Encrypted and secure connection using your NSCC credentials. Usable by most computers, tablets, and smartphones. This is the primary WiFi network to connect to.

Log on using your NSCC credentials: W#@campus.nscc.ca and Password

Gaming

Secure connection for devices needing just a passcode to connect (as they are unable to connect to Housing). Devices must first be registered online with Eastlink. This network is for gaming consoles, streaming sticks, smartTVs.

Go online and complete this form. (https://my.eastlink.ca/customersupport/nscc-whitelisting-online-form)

Eastlink will contact you when your device can connect to the Gaming WiFi network. Then enter the passcode provided when prompted

Guest

Secure, but slower connection for visitors. Uses a passcode provided by Campus Housing staff

Campus Housing Staff will provide you with a temporary passcode to connect with

Technical Support

Email: oncampus@corp.eastlink.ca Phone: 902–377–4325 (Halifax) 902–843–4325 (Truro) Live Chat: eastlink.ca/oncampus



Insurance and Liability

As indicated in the Campus Housing Agreement, the College assumes no liability, directly or indirectly, for loss or theft of personal property, including food, or for damage or destruction of such property by fire, water or other causes (e.g., loss of utilities). The student accepts that it is their responsibility to carry, and undertakes that they shall carry, appropriate and adequate personal property insurance and liability insurance coverage for fire, injury or damage caused by the student.

NSCC Campus Housing encourages students to contact parents/guardians/supporters to determine if current home insurance might extend to personal belongings in Campus Housing. Should this coverage not be available, students are encouraged to contact an insurance provider to purchase appropriate coverage for the period they will be living in Campus Housing.

Garbage, Composting, Recycling & Sustainability

Sustainability is included in everything we do. It's part of our curriculum learning activities. It's a value we practice every day – from diverting waste on campus to encouraging active transportation and healthy living.

Sustainability is the right thing for us to do, and more importantly, we are preparing Nova Scotia for the fastgrowing green economy. This extends to our Campus Housing Program. To make sure we live up to the high standard of waste reduction at NSCC, every room and suite will be equipped with a quad stream sorting system – four small bins (with handles) will be used for landfill waste, recyclables, paper/cardboard, and compost.

Student Requirement

Students will be expected to use the bins appropriately and transport the bins regularly to the common sorting locations in every Campus Housing location.

NSCC Campus Housing at Strait Area and AVC COGS campuses are proud to be actively involved in LEED Certification (Leadership in Energy and Environmental Design) and NSCC maintains a gold ranking in the Sustainability Tracking, Assessment and Rating System (STARS)

RECYCLING ON CAMPUS

COGS

There are recycling sorting stations located throughout the building. For batteries, electrical devices, and broken glass, there are specific locations/instructions for disposal.

- Battery recycling is located below the OHS display in the hallway between the Cafeteria and Student Services
- · Electrical device recycling may be available if you speak with Facilities directly
- Broken glass should be boxed, labelled "broken glass" on all sides of the box and sealed securely with tape then placed in a garbage receptacle or given to a Facilities Assistant.

More information about regional recycling expectations, and how to recycle, can be found on the Municipality of the County of Annapolis website:

• Garbage, Recycling & Composting

- Waste Calendar 2022
- Valley Waste-Resource Management Resources

Strait

There are recycling sorting stations located on every floor, with larger bins located throughout the building for large garbage. For batteries, electrical devices, and broken glass, there are specific locations/instructions for disposal.

- Batteries should be packaged in their own clear bag, and put in a large bin or beside the sorting stations.
- · Electrical devices should be placed next to the sorting stations and labelled 'recycling' or 'for disposal'
- Broken glass should be boxed, labelled "broken glass" on all sides of the box and sealed securely with tape then placed beside a garbage receptacle or given to a Facilities Assistant.

More information about regional recycling expectations, and how to recycle, can be found on the Town of Port Hawkesbury website:

Waste Management information

Truro

There are recycling sorting stations located on every floor in the common lounges. For batteries, electrical devices, and broken glass, there are specific locations/instructions for disposal.

- Batteries and old cellular devices should be returned to they recycling station in Forester Hall.
- Electrical devices or items needing to go to electrical recycling depot need to be taken to the recycling depot by students.
- Broken glass should be cleaned up, and put in the blue bin outside.

More information about regional recycling expectations, and how to recycle, can be found on the Municipality of Colchester website:

• Sorting Guide Resources

MORE ABOUT SUSTAINABILITY AT NSCC

In support of the United Nations 2030 Agenda for Sustainable Development, we're dedicated to advancing the 17 sustainable development goals (SDGs), which aim to achieve a better and more sustainable future for all global citizens. Learn more about the SDGs (link to United Nations YouTube channel). More about sustainability at NSCC can be found at our Sustainability section of the NSCC Webpage.

Room or Suite entry/access rights

While every attempt will be made to provide as much notice as possible, Campus Housing Staff and/or other College staff have the right to enter your room in the following situations:

- In an emergency where the safety, health and wellbeing of a student or the Campus Housing building is at risk.
- When Campus Housing or college staff have reasonable grounds to believe that a violation of Campus Housing Community Standards has taken place or is actively taking place.
- For the purposes of cleaning, maintenance, or inspections.
- When a request for maintenance has been submitted by the student.

NSCC STUDENT SERVICES

CAMPUS HOUSING COMMUNITY STANDARDS AND PRACTICES

Community Standards and Practices

Campus Housing Community Standards and practices are a combination of guidelines and expectations of student and guest behaviour in Campus Housing (also can be referred to as rules), and a non-academic student conduct process. The process employs fair and equitable procedures based on a student-development foundation/approach to behavioural intervention. NSCC Campus Housing utilizes remedial, educational, and where appropriate, restorative strategies in response to violations of our policies.

By **signing** the Campus Housing Agreement, every student has **agreed to follow and abide** by the **Campus Housing Community Standards and practices** as outlined in this guide, and supporting documentation, which will also be provided digitally and/or in print.

Campus Housing Community Standards include:

- Alcohol
- Illegal Substances and Narcotics
- Excessive Noise/Quiet Hours
- Fire/Life Safety
- Guests
- Failure to Cooperate
- Harassment Discrimination & Bullying
- Illegal or unauthorized entry/access
- Personal and Community safety
- Campus Housing and Personal Property
- Sexual Violence
- Smoking
- Violence and Hazing

• Weapons

NOTE: Association or behaviour related to harassment, racism, bullying, sexual assault, hazing or violence or threats of violence will **not be tolerated**, and students will face **immediate removal** from Campus Housing should they engage in such behaviours.

Our Philosophy

NSCC is committed to providing high-quality facilities and living/learning programs that support your growth and success as a student, in a safe and inclusive environment. We want to make sure that all students can study, live and work in an environment that is conducive to mutual respect and dignity, free from harassment and discrimination.

Living in Campus Housing is a privilege and with that privilege comes certain expectations that must be met by all students.

The principles of our Campus Housing Community Standards include:

- Be a positive College citizen. Demonstrate citizenship through compliance with the law and with all NSCC policies, procedures, and guidelines.
- Be civil. Act with civility by behaving in a manner that is respectful of other members of the College community. Refrain from any intentional or reckless conduct, which unreasonably interferes with or disrupts other members of the College community or campus or classroom activities. Act with honesty and integrity.
- Act with honesty and integrity by being honest in the performance of your work and in your dealings with other members of the College community.
- Refrain from substance misuse/abuse. Respect property.
- Respect property including property of the College, other members of the College community, or third parties.
- Demonstrate positive interpersonal interactions. Refrain from negative or harmful interpersonal interactions by being respectful of the physical, emotional, and mental well-being of other members of the College community and by avoiding harassing, abusive, malicious, intimidating, or defamatory conduct or comments.
- How you act online matters, too. Refrain from inappropriate online and electronic activity including social media activities.

Rights and Responsibilities

As a student living in NSCC Campus Housing, you have rights as well as responsibilities when it comes to creating a safe and inclusive environment.

It's your **right** to be treated with respect, dignity, and live free of discrimination.

It's your **responsibility** to treat all people with respect and dignity and maintain an environment free of discrimination. NSCC Campus Housing believes it is the **responsibility** of all students to act and intervene (safely) against acts of harassment or discrimination, including reporting incidents to Campus Housing Staff.

It is your right to be treated fairly, equitably, and respectfully by College and Campus Housing staff.

It is your **right** to procedural fairness when engaged with the policies and procedures of the College and Campus Housing in particular.

It's your **responsibility** to cooperate respectfully and civilly with College and Campus Housing staff as they respond, guide and support you through a concern or situation.

It's your **responsibility** to respect and adhere to decisions made by Campus Housing staff and appropriately use channels and processes for addressing concerns.

It's your right to be informed of what is and what is not acceptable, tolerated, or allowed in Campus Housing and on campus.

It's your **responsibility** to read and understand standards, expectations, policies and laws of the land that guide living in NSCC Campus Housing, on campus and in Nova Scotia.

Your **responsibility** extends to include policies and procedures such as:

- Student Community Standards Policy
- Sexual Violence Policy
- Social Media Policy
- Academic Integrity Policy
- Respectful Community Policy

It is your **responsibility** to ensure that your guests also understand and adhere to these expectations.

It's your **right** to be heard and listened to.

It's your **responsibility** to hear others and listen when they speak.

It's your right to have your room/suite be reasonably peaceful and quiet, enough to study and sleep

It's your responsibility to assist in maintaining your room/suite as reasonably peaceful and quiet, enough to study and sleep.

It's your **right** to feel comfortable in your room/suite/shared common space in Campus Housing and on campus.

It's your **responsibility** to assist in maintaining your room/suite as reasonably peaceful and quiet in order to study and sleep and approach conflict resolution with open mindedness and respect.

It's your right to have reasonable privacy in your room/suite and a proportionate use of the shared common spaces.

It's your **responsibility** to respect the other's right to privacy in their private and shared space

It's your **right** to choose your means of socialization, recreation, and relaxation.

It's your **responsibility** to know and abide by local, provincial, and federal laws.

It's your right to live in a space where appropriate measures are taken to help keep you safe from the spread of COVID-19 and/or other public health issues.

It's your **responsibility** to adhere to Nova Scotia public health guidelines and instructions from the College to take appropriate actions to prevent exposure to and spread of COVID-19.

You are encouraged to discuss these rights and responsibilities with Campus Housing staff if anything is unclear.

Scope of Community Standards

The NSCC Campus Housing Community Standards applies to all areas within Campus Housing, as well as the immediate surrounding areas/grounds of the Campus Housing building and the associated parking areas. The community expectations and standards apply to all community members, whether they be students or guests/ visitors. Students are also responsible for all activity that occurs within their assigned space(s).

Actions by students (students or guests) are also subject to review/investigation under thefollowing NSCC policies:

- Student Community Standards Policy
- Sexual Violence Policy
- Respectful Communities Policy

Parallel or additional actions may be undertaken at the discretion of the College.

NSCC Campus Housing also commits to an ongoing and collaborative relationship with local Law Enforcement, Fire Departments, Lifesaving and Health Services, and community support organizations to support action and efforts of positive intervention and support in Campus Housing.

Standard of Proof

The standard of whether a student is responsible or not responsible for a community standard violation is not to the extent required in a criminal case (beyond a reasonable doubt).

It rests with a **preponderance of evidence**, or on a **balance of probabilities** – that is, would a reasonable person, upon reviewing the information provided, come to the same conclusion as the staff member reviewing the case.

Personal and Community safety

In support of the safety of all students, guests, staff and community members, the following actions are in contravention of NSCC's Campus Housing Community Standards and may be subject to sanctions:

- Discarding objects, leaning, and/or extending body parts through windows.
- As it can cause property damage and/or create excessive noise, sporting equipment and mobile athletic equipment (skateboards, skates, hoverboards, etc.) must be used outside of Campus Housing.
- The possession of pets, including fish and reptiles, in Campus Housing is not permitted.
 - Special permission must be obtained and granted for service animals.
- Attending, hosting, or advertising, large social gatherings in Campus Housing, whether the gathering is
 organized or spontaneous in nature.
- Participating in and/or hosting gambling-related events in Campus Housing. This involves activities that require the exchange of money/material goods, where the outcome is uncertain, and/or where there is intent to win a portion of the money/material goods. Exception: Campus Housing led events for prizes.
- Objectionable and obscene material is not permitted in Campus Housing. This includes racist, homophobic, or sexist images or jokes, hate literature, pornographic materials and any other materials that may be offensive to others or negatively reflect upon the reputation of NSCC
- Use and access of the College's high speed wireless network is a privilege and is governed by the Technology Resources Acceptable Use Policy. Failure to adhere to the policy may result in the restriction or removal of the privilege.
- Any damage or alterations of Campus Housing facilities is strictly prohibited.

Campus Housing and Personal Property

Students are encouraged to take pride in the building and communities that they live in, and assist in the provision of a clean, safe, and welcoming living experience for all students.

- Any damage or alterations of Campus Housing facilities is strictly prohibited
- Theft and/or damage of Campus Housing property or other student's personal belongings.
- Removal, alteration, or relocation of Campus Housing property, unless when completed by Campus Housing Staff.
- Damage to any furniture or culinary appliances/utensils due to negligence or inappropriate use, regardless of intention.
- The removal of door closures and window screens.
- Furnishings must not block any room entrances, exits, or be within close proximity of heating and air conditioning units/vents.
- Using any space or service in Campus Housing for commercial purposes. This includes any profit-driven
 activities, as well as the promotion and/or hosting of events which are intended to promote/sell goods
 or services.
- All personal belongings and/or Campus Housing property must be stored inside the student's room/ suite (including sporting equipment, bicycles, etc.).

Excessive Noise/Quiet Hours

Each student has a responsibility to respect the rights of others to live in an environment conducive to study and sleep, and to therefore keep noise to a reasonable level. Excessive levels of noise have a significant impact on the learning environment, thus, one individual or group's right to quiet always supersedes another individual or group's right to create an excessive level of noise.

Typical Quiet Hours are:

Sunday-Thursday (inclusive): 10:00 p.m. – 9:00 a.m.

Friday & Saturday: 12:00 a.m. (Midnight) – 11:00 a.m.

Quiet Hour/Courtesy Hour Expectations:

- When it is not designated quiet hours, courtesy hours are in effect.
- During quiet hours, students are encouraged to utilize the cafeterias and lounges for gatherings to minimize disruptions in the community and may be asked to disperse should their noise be deemed excessive for the time period.
- Some Campus Housing floors may be designated as Quiet Communities, where the quiet hour parameters are extended.
- Students will also be advised of end of term quiet hour expectations for their Campus Housing community.

Fire/Life Safety

The following actions are in contravention of NSCC's Campus Housing Community Standards and will be subject to sanctions:

- Intentionally setting fire, lighting flammable material, or creating open flames.
- Intentionally setting off the fire alarm, and/or, activating sprinklers when there is no cause for concern.
- Tampering with any fire and/or life safety equipment including, but not limited to fire extinguishers, smoke and carbon monoxide detectors, heat sensors, light/strobe devices, sprinkler/sprinkler system, elevator and elevator alarms, or any other aspect of the fire alarm system.
- The use of candles, incense or other combustible materials or substances. The overloading of electrical outlets. This can occur when multiple appliances, devices, or power bars are plugged into an outlet and/ or each other.
- Failure to evacuate, or failing to evacuate in a timely manner, for an activated fire alarm.Blocking or restricting access to evacuation routes, doors, hallways.

Please refer to the NSCC Smudging Guidelines Policy and Procedures for additional information regarding smudging in Campus Housing

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Alcohol

Students are responsible for knowing, understanding, and complying with Provincial laws and College regulations regarding alcohol, its transportation, purchase, and restrictions. NSCC is committed to creating an environment in which controlled substances, such as alcohol and cannabis, are used responsibly and in moderation and discourage abuse of these substances on our campuses and in Campus Housing.

In the Province of Nova Scotia, the legal age of consumption is 19.

Summary of expectations:

- As each are often associated with irresponsible consumption, the mass or rapid/swift consumption of alcohol, participation in drinking games or events, use of alcohol paraphernalia (for example funnels) are not permitted in NSCC Campus Housing.
- Possession and/or consumption of "common source" alcohol over 40 ounces (e.g., kegs, large containers of pre-mixed alcohol, etc.) within Campus Housing is prohibited.
- Alcohol is not permitted to be consumed in shared common spaces (common lounges, hallways or kitchens). This does not pertain to shared spaces within suites.
- Transportation of open or unsealed alcohol is not permitted in Campus Housing
- Alcohol must be stored in an individual student's private room.

Smoking

NSCC is committed to providing a Smoke-Free environment that contributes to the wellness of its employees, students, and communities, and complies with provincial legislation and municipal bylaws.

Smoking is prohibited in Campus Housing, on any NSCC property, with the exception of outdoor, designated smoking areas.

Smoking

Smoking includes the smoking of tobacco or other materials and holding lit tobacco or other materials intended for smoking (e.g.: cigarettes, cannabis); includes all types of e-cigarettes, vaping or any other implement or device used to emulate the act of smoking which involves the production of any airborne contaminants or substances including the use of pipes, water pipes, hookahs, holders, or other instruments used for similar purposes.

Illegal Substances and Narcotics

Illegal Substances/Narcotics The following actions are in contravention of NSCC's Campus Housing Community Standards and will be subject to sanctions:

- Using, being under the influence of, in possession of, trafficking and/or the distribution of illegal drugs, controlled substances, non-prescription drugs and/ or prescription drugs not prescribed to the person in possession of these drugs.
- The possession and/or use of drug paraphernalia, equipment or material that is used to facilitate the use/misuse of illegal drugs or substances. An object becomes drug paraphernalia as soon as it used, and/or comes in contact with illegal drugs and/or illegal substances.
- Growing, baking, trafficking and/or distribution of cannabis on college property

Guests

Students have the privilege of signing guests into Campus Housing. When a student registers a guest, they become the individual's host. Based on the individual campus, students may be required to register all guests/visitors regardless of time period or length. This includes parents and other family members.

Guest expectations:

- Students must always accompany their guest(s), with the exception of using the washroom facilities. Hosts are not permitted to leave their guest in their room unaccompanied.
- Students are responsible for the behaviors of their guest at all times, and ensuring that guests are aware of, understand, and abide by the Campus Housing Community Standards. If a guest violates Community Standards, the host may be held responsible as though the host violated that policy.
- A student may sign in a guest for a maximum of three (3) consecutive overnights, with no more than nine (9) overnight visits per month per individual student.
- Hosts are not permitted to have minors as overnight guests in Campus Housing. Minors are individuals that are 17 years of age or younger.

Campus Housing staff reserve the right to restrict the number of guests permitted at any time throughout the year and without notice in extenuating circumstances and/or when there is a concern for the safety and security of the Campus Housing community.

- COGs students can request guests using the COGs Guest Form
- Strait Areas students can request guests using the Strait Guest Form.
 - Strait Campus Housing requires 48 hour notice for overnight guest.
- Truro students can requests guests by signing them in at the Front Desk.
 - Truro Campus Housing requires 48 hour notice for overnight guest.

Failure to Cooperate

It is expected that all students and their guests comply with all reasonable requests or directives of NSCC Campus Housing staff, whether verbal or written.

Falsifying identification, concealing identity (i.e., masks), and will be subject to sanctions as previously outlined.

The facilitation of false identification for others is deemed as a failure to cooperate and will be subject to sanctions as previously outlined.

Illegal or unauthorized entry/access

The following actions are in contravention of NSCC's Campus Housing Community Standards and will be subject to sanctions:

- Entering/accessing unauthorized areas unless accompanied by a Campus Housing Staff member. This
 includes areas not normally used by persons other than Campus Housing or College staff including, but
 not limited to: restricted doorways/entrances, locked basement areas, roof tops, mechanical rooms, or
 any area marked "off limits to unauthorized personnel" or "staff only," or as it is implied by being locked.
- Entering Campus Housing through a non-designated entrance or exit, except during an emergency or fire alarm.
- Entering an individual/private room assigned to another student without their explicit permission.
- Permitting entry to unregistered guests.
- Propping external doors allowing for unrestricted access.

Harassment Discrimination & Bullying

All forms of harassment, bullying and discrimination will not be tolerated in Campus Housing.

Harassment

NSCC defines harassment Abusive, unfair, or demeaning treatment, consisting of words or actions that disparage or cause humiliation, offense or embarrassment to a person or group of persons that is known or ought reasonably to be known to be unwelcome.

Harassment may consist of a repeated or persistent pattern of behaviours, direct or indirect, that when taken together constitute harassment; or a single act of sufficient severity to constitute harassment in its own right. Harassment can include, but is not limited to, comments or conduct based upon any of the characteristics protected under the Nova Scotia Human Rights Act.

Bullying

Offensive, abusive, intimidating, or insulting behaviour which makes the recipient feel upset, threatened, humiliated and/or vulnerable, which undermines the recipient's self-confidence and/or reduces their feelings of self-esteem and self-worth.

Discrimination

Making a distinction, whether intentional or not, based upon a characteristic or perceived characteristic protected under the Human Rights Act.

Discrimination includes action, behaviour, or attitudes, which could or ought reasonably to be known to offend or deny fair treatment based upon the protected characteristics set out in the Nova Scotia Human Rights Act, RSNS 1989, c 214

Sexual Violence



Sexual Violence describes any act targeting a person's sexuality, whether physical or psychological, that is committed, threatened or attempted against a person without their consent and is strictly prohibited in Campus Housing.

Everybody has the right to work and study in a secure environment free from any form of sexual violence. Any act of sexual violence perpetrated or experienced, or alleged to have been perpetrated or experienced, by a member of the College Community, including students in Campus Housing will be responded by following NSCCs Sexual Violence Policy and Procedures.

For more information on NSCC's Sexual Violence Policy, Procedures and supports please visit the Sexual violence support webpage.

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Violence and Hazing

Violence by any means is strictly prohibited in Campus Housing and will result in sanctions and/or immediate removal.

- Hazing is any activity expected of an individual wishing to join a group (or of an individual wishing to gain or maintain full status in a group) which humiliates, degrades, abuses, endangers, or subordinates that individual, regardless of their willingness to engage in the activity. As such, hazing is a form of harassment and is not tolerated in our Campus Housing or campus communities.
- Any conduct or attempted conduct of a person that endangers physical health or physical safety of a member of the College community.
- Any conduct or attempted conduct of a person that endangers physical health or physical safety of a member of the College community.

Weapons

Possession and/or use of firearms, ammunition, projectile-emitting objects, explosive devices, as well as other dangerous weapons, chemicals, replicas, including toys, or other objects that can create cause for alarm is explicitly prohibited.

NSCC Student Services and Supports

ADVISING

NSCC Student Advisors. Advisors help you understand program requirements, set goals, solve problems, evaluate skills, and support educational and career decisions.

WELLNESS AND COUNSELLING

NSCC Wellness and counselling services. Personal wellness is one of the keys to academic success. NSCC provides a range of services that support well-being and mental wellness.

ACCESSIBILITY SERVICES

NSCC Accessibility Services offers support for students with disabilities, including academic accommodations, customized learning supports, technology services and grants.

INDIGENOUS AND AFRICAN CANADIAN STUDENTS SUPPORTS

NSCC offers inclusive and culturally specific supports and services.

- Indigenous student supports
- Black and African Canadian student supports

INTERNATIONAL STUDENTS SUPPORTS

NSCC International student supports. NSCC welcomes learners from all over the world, and we have specific resources in place to support our international students.

LEARNING SUPPORTS

Learning Support Services. We provide resources to support your learning, such as writing and tutoring services and English as an Additional Language (EAL) programming.

LIBRARIES

NSCC Libraries and Learning Commons. Our library teams can help you with your assignments, writing and research, as well as how to access a large collection of electronic library resources.

CAREER EXPLORATION AND EMPLOYMENT ADVICE

Career and employment supports. Before you're even a student at NSCC, we can help you navigate the career decision-making process and prepare you for your job search.

STUDENT LIFE

Student Association (SA). As a student at NSCC, you automatically become a member of your campus Student Association (SA). SAs organize gatherings, campus events, health and wellness initiatives and other fun and inclusive activities.

HUMAN RIGHTS, EQUITY AND INCLUSION

Through focused efforts to remove systemic barriers, our Human Rights, Equity and Inclusion unit aims to foster an environment that's welcoming to our students, employees and community partners. The team works to build an equity-minded culture throughout the College by focusing on building awareness, allyship and action.

Personal Crisis and Wellness Resources

CRISIS SUPPORTS

Provincial Crisis Telephone Line

• If you are experiencing a mental health crisis or mental health distress, contact the Provincial Crisis Telephone Line at 902-429-8167 or 1-888-429- 8167 (toll free). If you are physically at risk, please call 911.

Sexual Violence Support

• You are not alone. If you have experienced sexual violence, there are a number of ways NSCC can support you.

MENTAL WELLNESS RESOURCES

Healthy Minds Nova Scotia offers a suite of online mental health resources for Nova Scotia's postsecondary students including:

Good2Talk student support line

A 24-hour, 7-day a week, free and confidential helpline for post-secondary students in Nova Scotia. The service provides professional counselling, information and referrals for mental health, addictions and well-being.
 Call 1, 822,202,2608 to talk, or text GOOD2TALKNS to 686868

Call 1- 833-292-3698 to talk, or text GOOD2TALKNS to 686868.

TAO Self-Help

• Provides online tools to help with stress, anxiety, relationship problems, anger management, problem solving, communications and evaluating your alcohol and drug use.

Togetherall

• A safe and anonymous, online peer community for your mental health, freely available 24/7 to all youth and young adults aged 16+, and post-secondary students in Nova Scotia.

First Nations and Inuit Hope for Wellness Help Line

• A 24-hour culturally relevant telephone crisis intervention counselling, 1 (855) 242-3310